



# **COVID CONVO: ENGAGE WITH LOCAL SUPERINTENDENTS ON COVID-19**

Every Friday through October 30<sup>th</sup>  
October 2<sup>nd</sup> | 12:00 p.m. – 1:00 p.m.



# Introduction from Arif

- **Comments from Arif**
- **Fred Nolan:** new updates and SF 10 to hold districts harmless for enrollment melt
- **Updates from East Central/Mora/Bemidji:** mental health status reports and how your district is doing, learning model transitions, and additional updates
- **Jeremy Kovash:** service coop and regional support teams' update
- **Neil Carlson:** outdoor adventures and an update on shields
- **Todd Rapp:** communications update
- **Q&A**



**COVID CONVO**

...now continuing through October!  
Every Friday from 12:00 p.m. - 1:00 p.m.

\*Due to MEA, the October 16th webinar is rescheduled to Wednesday, October 14th.

Register today at <https://bit.ly/3hW5qlt>

ICS



# Latest from MDE and SF 10

- Sibley East Saga: [Star Tribune article](#)
- 15-day enrollment drop rule: waivers will only be for those too ill for distance learning
- MDH will have a list available to the public of districts with more than five individuals who tested positive and in the school building
- [SF 10](#) (Utke) for the 4th Special Session (Sept 11) holds enrollment harmless to February 2020 forecast
  - [Learn more](#) from MREA
- Contact your legislators for the 5th Special Session early October regarding enrollment melt

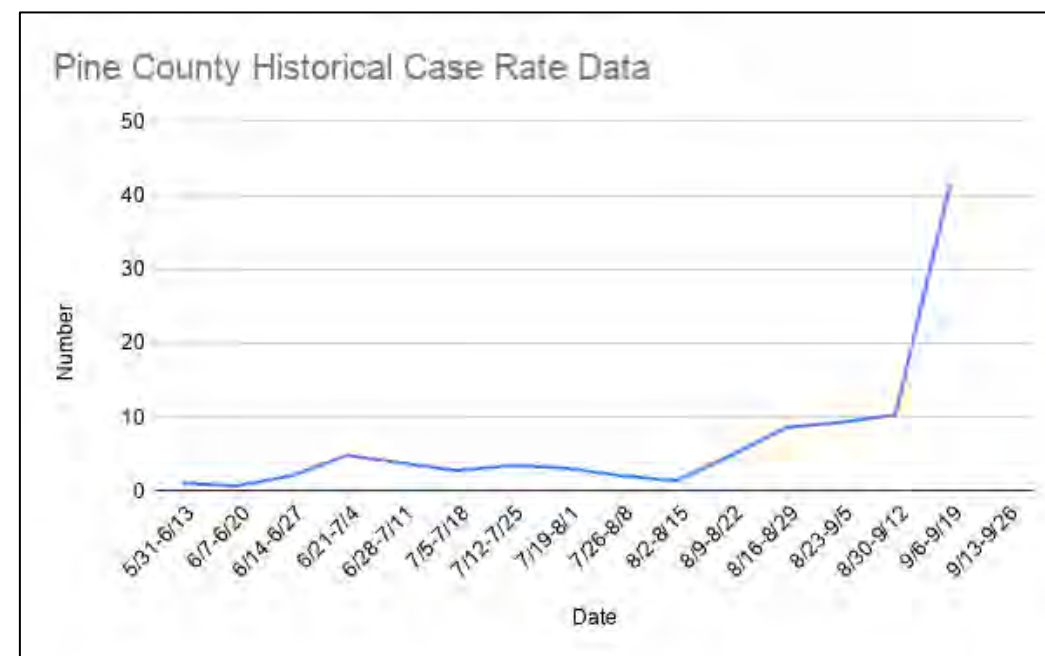
# COVID Convo

East Central Public Schools



# Current Situation

- This week's case rate = **41.54 per 10,000**
- Next week's prediction = **no less than 56.36 per 10,000**
- **High School switched to hybrid learning model this week**
  - Review the plan and update
  - Planning time for staff: time to breathe
  - Lunchroom seating expanded
  - One-way hallways and stairwells
  - Virtual Homecoming activities
- **Planning and communication prep at East Central Elementary**



# Supporting Students and Staff

- **Empathy:** meet people where they are
- **Trauma informed schools**
- **Mental health supports**
  - 3.0 FTE School Linked Mental Health Providers – Telehealth option
  - 1 day per week mental health support for staff on site
- **Social Emotional Learning:** tiered approach
  - Tier 1 (All Kids K-8) - SEL lessons implemented into the school day
  - Tier 2 (some kids) - check and connect with school staff
  - Tier 3 (fewer kids) - mental health therapy





# What's Happening Now

- **Potential elementary transition to Hybrid**
- **Athletics:** now underway, are we ready?
  - Will we play other schools in distance learning model?
  - Presale tickets: home & away fans
  - Concessions/ticket takers/capacity limits, etc.
- **Food Service:** distance learning meals
- **Special Education Students:** relay on relationships
- **Communication:**
  - Numbers dictate learning model changes: will we change?
  - Staying ahead of the rumor mill
  - Weekly Superintendent updates to staff
- **Parent/teacher conferences**
- **Band/choir concerts**
- **Halloween considerations**
- **Winter sports:** MSHSL plans

# COVID Convo


Mora Public Schools





# Current Situation

- Hybrid PreK-12 (elementary week one) visuals
- Case rate numbers: **remain stable at 22 per 10,000**
- Transition was smooth: Return to School Plan - [Transitioning Phases](#)
- Alignment pays off: transportation, food service, schedules, etc.
- Positive feedback from elementary staff and parents
- Transportation situation – quarantine bus – determine quarantine numbers
- [Guidance on Handling a Confirmed Case](#) – [Kanabec County PH Checklist](#)
- Go home kit/folder: [Checklist and Resources](#)



**Hybrid Definitions:**

- **Odd day** - The day students attend classes 1, 3, 5, 7
- **Even day** - The day students attend classes 2, 4, 6, 0
- **A/B Groups** - Groups that designate which day your student comes to school
- **Distance Learning Days** - The days your student is learning from home. This will be the days opposite of when your student is in person and every Wednesday
- **Family Flex** - Students that are enrolled through Mora Schools and are full-time distance learners by family choice

**Attendance**

- Participate via Google Meet (live) during scheduled A/B time or by participating in an assignment on Google Classroom (online)
- Teachers are taking daily attendance
- On Wednesdays, students check in with teachers for periods 1-7
- Feeling sick? Have an appointment? Call 320-679-6200 to report absences (even for DL days!)
- Having technical issues?
  - Email your teacher so he/she is aware right away
  - Email helpdesk@moraschools.org for assistance
- Complete your assignments by 3:00 p.m. the day they are assigned

**MUSTANG SCHEDULE**

Odd Day	7th Grade	Even Day
1	9:00-10:20	2
Lunch	10:20-10:50	Lunch
3	10:55-12:20	4
5	12:25-1:40	6
7	1:45-3:00	0

Odd Day	8th Grade	Even Day
1	9:00-10:20	2
3	10:25-10:55	4
Lunch	10:55-11:25	Lunch
5	11:30-12:20	6
7	12:25-1:40	0

**A Lunch**

1	9:00-10:17	2
3	10:22-11:39	4
5	12:21-1:38	6
7	1:43-3:00	0

**B Lunch**

1	9:00-10:17	2
3	10:22-11:39	4
5	11:44-12:35	6
Lunch	12:35-1:05	Lunch
5	1:12-1:38	6
7	1:43-3:00	0

**WELCOME TO HYBRID LEARNING**

**Blue Hour**

Every 0 hour students will have a Blue lesson and study hall time.


Your Blue teacher will:

- Touch base with your student twice a week
- Assist with incompletes
- Be a resource

While distance learning, students will be required to check in with Blue teacher - except on Wednesdays.

**Google Classroom**

- The Go-To tool for learning at MHS!
- Find your:
  - Google Classroom
  - Locate Assignment
  - Complete Assignment
  - Make Sure to Complete by 3:00 p.m.
- All of your classes in one spot!
- Check out the to-do list function



classroom.google.com

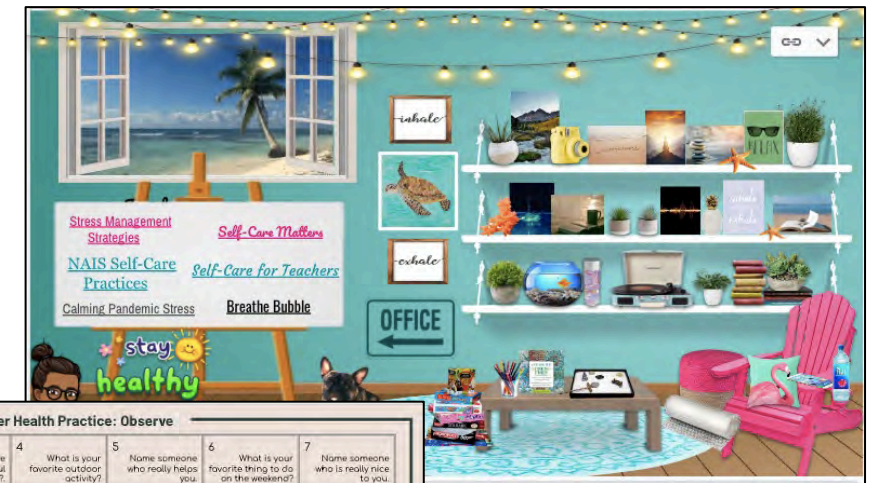
**Grades**

- Monitor StudentVue to view student grades
- Contact helpdesk@moraschools.org for access
- Grades are updated weekly by Tuesday at 9:00 a.m.

www.moraschools.org - RETURN TO SCHOOL PLAN

# Supporting Our Students and Staff

- Mustang Strong Plan - K12
- **Elementary:** push into Class SEL
- **HS:** Blue Hour – SEL Students/Virtual Office
- **Staff: monthly self care**
  - Focus areas (hydrate, mindfulness, and gratitude)
- **Administration Self Care**
  - Buddy System
  - Gratitude/Kindness
  - MDH – Happy Place



November Health Practice: Observe						
1 What was the best thing that happened today?	2 Who makes you feel loved?	3 What freedom are you most grateful for?	4 What is your favorite outdoor activity?	5 Name someone who really helps you.	6 What is your favorite thing to do on the weekend?	7 Name someone who is really nice to you.
8 Name something you are grateful to have.	9 What do you like to do with your family?	10 Where is your favorite place to go?	11 Name someone that makes you smile.	12 Who is a friend you are grateful to have in your life?	13 What do you like most about your job?	14 What is your favorite thing to learn about?
15 What is your favorite fall tradition?	16 What is the best gift you've ever received?	17 Name the best thing that has ever happened to you.	18 What made you laugh today?	19 Where is your favorite place to relax?	20 What do you like most about your family?	21 What was something beautiful you saw today?
22 What is one thing you love about yourself?	23 What about your body are you grateful for?	24 What book are you grateful for having read?	25 What do you like most about where you live?	26 What food are you grateful for?	27 What is something that made you feel happy today?	28 What memory are you most grateful for?
29 What challenge are you most grateful for?	30 What kindness did someone give to you today?	Each day in November, take a moment to reflect on the gratitude prompt. Notice how it feels to think about your answer. If you want to receive a special gift at the end of this focus, complete the daily google form to share your answer. Everyone who participates with responses on the form will receive the gift. The more often you respond, the more special it will be!				

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”  
- Albert Einstein

# What's Next

- **Admin PLC:** focus on student achievement, leadership, equity
- **Debrief situations:** administration, School Board Chair, and Superintendents
- **Consultations:** Public Health, School Board, Advisory Council, and Regional Team
- **Communications:** School Board, administration, staff, and parents
- **Athletics:** safely preparing for events
- **School Staff:** keep our teachers healthy (physically, mentally, and emotionally)
- **School Budgets:** enrollment analysis, compensatory F/R funds, and staffing



# COVID Convo

Bemidji Area Schools ISD 31



# Current Situation in Bemidji

- **Numbers are skyrocketing in Beltrami County (Labor Day/Trump Rally)**
  - Current number of cases in time period: 137
  - Current 14-day case rate: 30.59 (last week: 16.49)
- No new cases in schools
- No community spread within buildings
- 25 staff members in quarantine - 50 students in quarantine
- DL school within a school is growing rapidly (913 students)
- Three (3) days of free local testing

# Multiple Data Points to Consider

- County Numbers **(30.59)**
- Age demographics
- Recent testing events
- **No community spread in schools**
- MDH Numbers **(10.19)**
- Community spread
- Situation in ISD 31 schools
- **No cases in schools this week**

**What other Beltrami County school districts are deciding...**



# Supporting Students and Staff

- **Refuel Your Life** Cognitive Behavioral Support Program
  - **Scores:** stress, worry, anxiety, depression, insomnia, substance use
- Mental Health Program through service coops
- SEL, responsive classroom, and PBIS
- Beltrami Area Service Collaborative mental health supports for students
- Sanford Health Mental Health Grant for students
- Virtual calming rooms



# Supporting Students and Staff

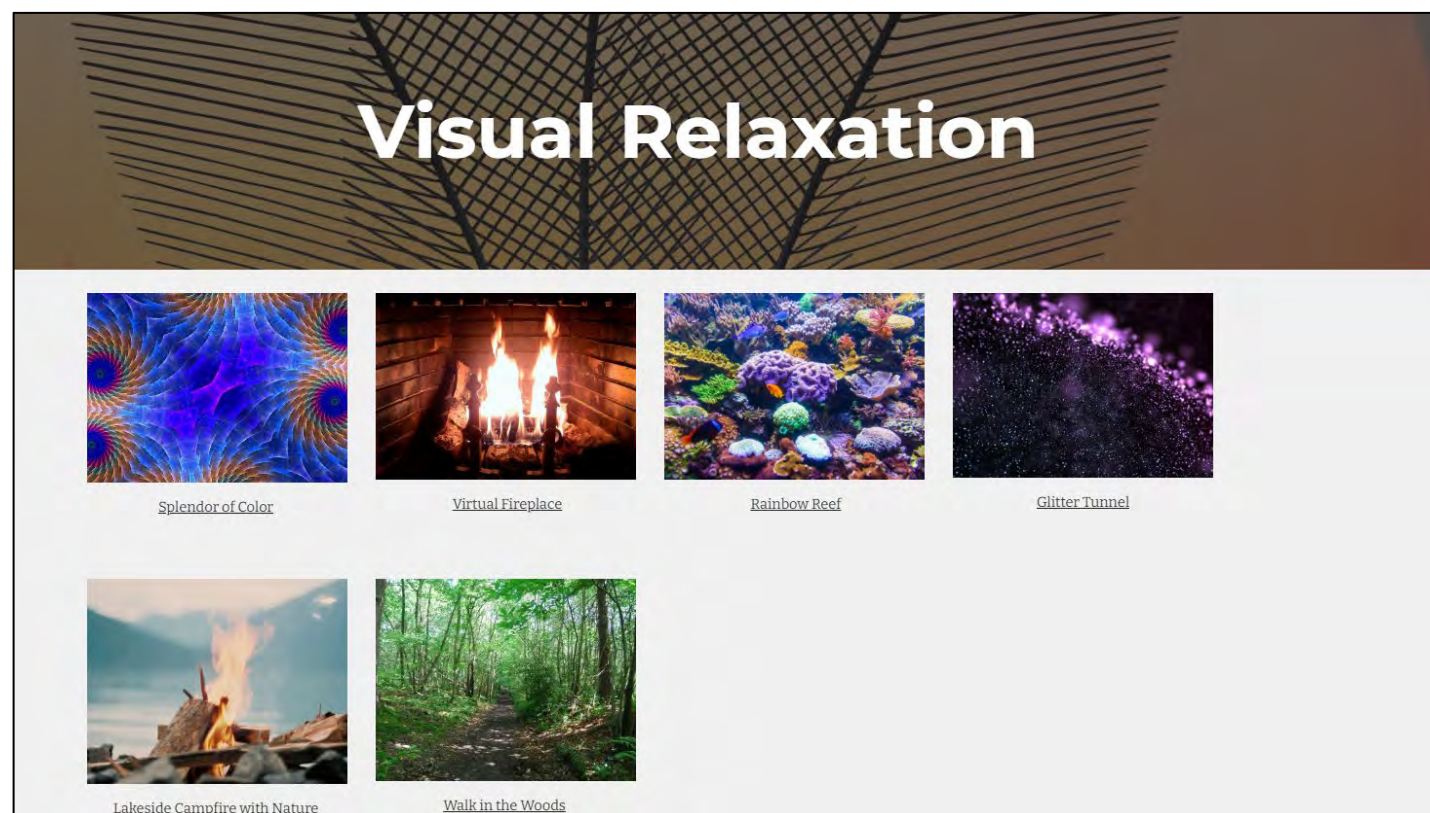


Check it out here:

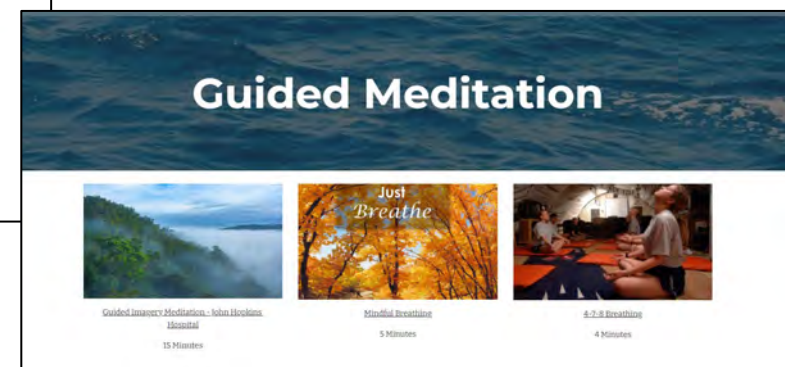
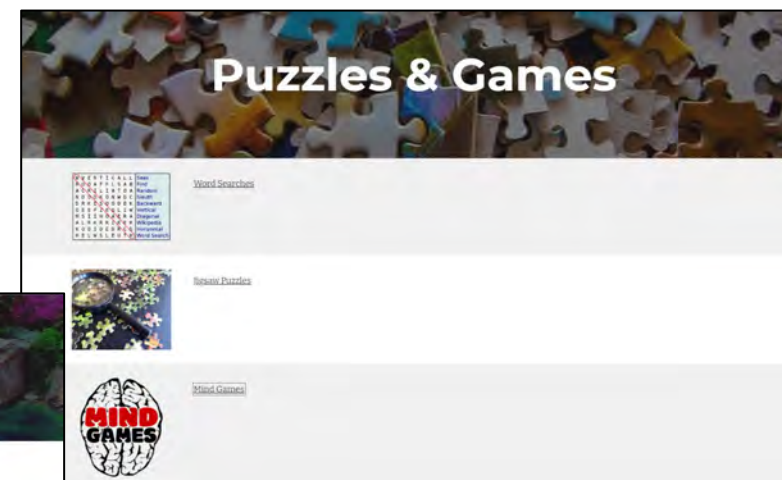
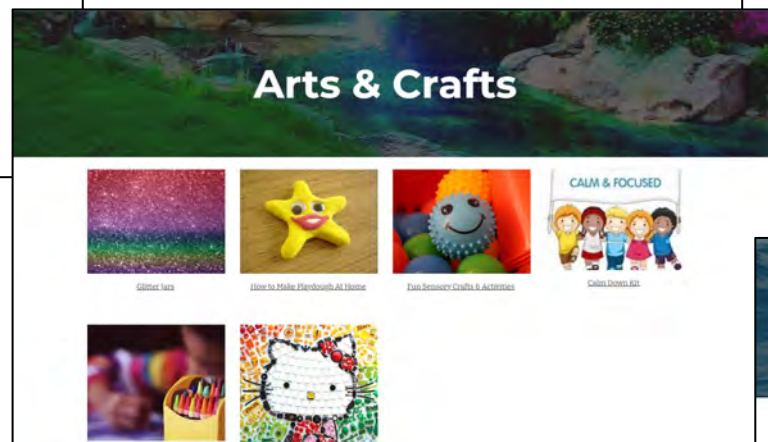
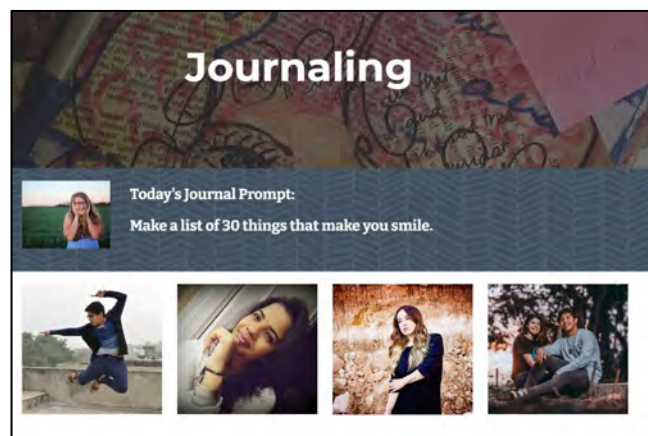
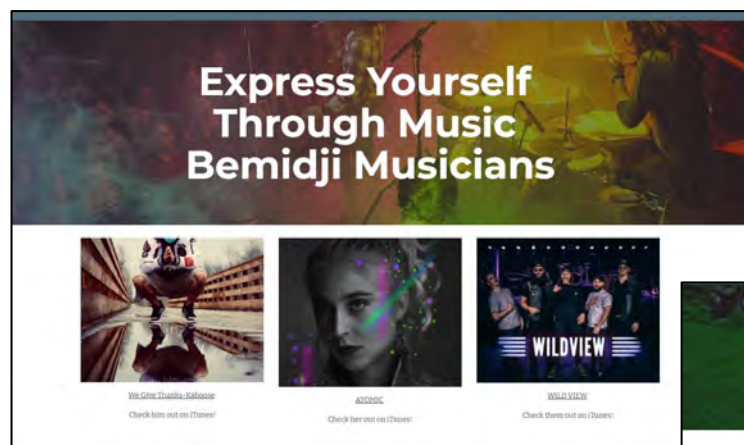
<https://sites.google.com/isd31.net/bemidjicalmingrooms/home>



# Virtual Social – Emotional – Mental Supports



# Virtual Social – Emotional – Mental Supports



# Sports Safety Plans

- 250 spectators for football (150 home and 100 visitors)
- No fans for volleyball games
- No concessions
- Pep bands on field only and must leave prior to the start of the game
- Dance team can perform at half time if they leave the game after they perform
- Streaming and radio play-by-play are available
- No tailgating at school facilities

# What's Next in Bemidji

- **Consultation:** Public Health, School Board, Advisory Council, Regional Team
- **District COVID Advisory Team Meetings:** potential model changes
- **Activities:** implementing safe sports plans and determining **IF** activities may continue
- **Communications:** data points, recent successes, and potential plans
- **Enrollment numbers (4964): open enrollment numbers (-40 vs. -79)**
- **Referendum efforts and MORE COMMUNICATION**

# COVID Convo

## Service Cooperative Update



# COVID Convo

Public Health with Neil Carlson







# Outdoor Adventures

- Mental health boost
- 20x safer for COVID outdoors
- Good shoes, bug spray, sunscreen, and check for ticks
- Dress for the season
- Comfortable shoes with good tread





# Badger Shield+ Combination with Filter Pump

- FDA has issued an emergency use authorization for the Badger Shield+
- The pump is a device with an FDA registration number
- 1.5 Pascals positive – one pump
- 2.5 Pascals positive two pumps
- Fit factor varies from 25 to 40+ - better than cloth, surgical, and KN-95 – not as good as N-95





# COVID Convo

Communications with Todd Rapp





# Q&A



# Thank You for Your Time!

 / [ics-builds.com](https://ics-builds.com)

 / [ICS Consulting, Inc.](https://www.linkedin.com/company/ics-consulting-inc)

 / [@icsconsultinginc](https://www.facebook.com/icsconsultinginc)

 / [@ics\\_consulting\\_](https://twitter.com/ics_consulting)





# Contact Information

- Fred Nolan: [fred@e-f-services.com](mailto:fred@e-f-services.com)
- Jeff Schiltz: [jeff.schiltz@ics-builds.com](mailto:jeff.schiltz@ics-builds.com)
- Arif Quraishi: [arif.quraishi@ics-builds.com](mailto:arif.quraishi@ics-builds.com)
- Andy Almos: [aalmos@eastcentral.k12.mn.us](mailto:aalmos@eastcentral.k12.mn.us)
- Dan Voce: [danvoce@moraschools.org](mailto:danvoce@moraschools.org)
- Tim Lutz: [tim\\_lutz@isd31.net](mailto:tim_lutz@isd31.net)
- Jeremy Kovash: [jkovash@lcsc.org](mailto:jkovash@lcsc.org)
- Neil Carlson: [carls001@umn.edu](mailto:carls001@umn.edu)
- Todd Rapp: [todd rapp@rappstrategies.com](mailto:todd rapp@rappstrategies.com)



# Presentation Resources

- [East Central Public Schools Reopening Schools Plan](#)
- [Mora Public Schools Reopening Schools Plan](#)
- [Bemidji Area Schools Reopening Schools Information](#)
- [ICS Reopening Schools Website](#)
- [Broad Air Pro Mask Filter Pump](#)
- [Badger Face Shield](#)
- [Mental Health Boost](#)
- [SF 10](#)
- [MREA Information on Hold Harmless](#)
- [Transitioning Phases](#)
- [Guidance on Handling a Confirmed Case](#)
- [Kanabec County PH Checklist](#)
- Go home kit/folder: [Checklist and Resources](#)
- [Mustang Strong Plan](#)
- MDH – [Happy Place](#)